

---

**INTRO TO PRINCIPLES IN APPLIED KINESIOLOGY  
EDKP 250-001**

---

COURSE OUTLINE, Winter 2019

---

- Instructor:** Celena Scheede-Bergdahl, PhD.  
Email: celena.scheede@mcgill.ca
- Co-instructor:** Jason Boivin, B.Eng, CSCS  
Email: jason.boivin@mcgill.ca
- Office Hours:** Please contact instructors by email to arrange for office hours.
- Class Schedule:** Mondays 10:35 to 12:25  
**Locale:** Currie 408
- Lab Schedule:** Tuesdays 12:35 to 2:25 OR 2:35 to 4:25 (details of schedule to follow)  
**Locale:** Currie 304

**COURSE DESCRIPTION:**

This course aims to provide students with a basic introduction to the field of kinesiology, with a focus on acquiring practical skills in client interview/health assessment, fundamental concepts in resistance



L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le Code de conduite de l'étudiant et des procédures disciplinaires (pour de plus amples renseignements, veuillez consulter: [www.mcgill.ca/students/srr/honest/](http://www.mcgill.ca/students/srr/honest/)).

**Please be aware that text-matching software may be**

<b>LECTURE SCHEDULE (**subject to change)</b>		
<b>Week</b>	<b>Date</b>	<b>Description</b>
1	January 7	Course outlines and class requirements
2	January 14	PATH manual Section A
3	January 21	Section A Final case studies framework to be presented