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Competency 5: To evaluate student progress in learning the subject content and mastering the related competencies.

Competency 6: To plan, organize, and supervise a class in such a way as to promote students' learning and social development.

Course Learning Objectives:

Students will:

- 1. Develop their swimming abilities and knowledge of swimming skills.
- 2. Be able to plan, instruct, and evaluate an aquatics program to various populations.
- 3. Be exposed to a range of aquatics activities.
- 4. Learn how swimming and related activities can contribute to a healthy lifestyle.

Course Schedule:

Week #	Dates	Description
1	January 7 th , 9 th	Water Safety & Basic Swimming Skills
2	January 14 ^{th,} 16 th	Freestyle (Front Crawl)

McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offenses under the Code of Student Conduct and Disciplinary Procedures. Please visit www.mcgill.ca/integrity/ for more information.

As the instructor of this course I endeavor to provide an inclusive learning environment. If you have a disability, please contact the instructor to arrange a time to discuss your situation. I ask that you also contact the Office for Students with Disabilities at 514-398-6009 or visit https://www.mcgill.ca/osd/

McGill University is on land which has long served as a site of meeting and exchange amongst Indigenous peoples, including the Haudenosaunee and Anishinabeg nations. We acknowledge and thank the diverse Indigenous people whose footsteps have marked this territory on which peoples of the world now gather.

Additional policies governing academic issues which affect students can be found in the McGill Charter of Students' Rights.

ONLINE CLASSES

In line with directives to reduce the spread of COVID-

Course Evaluation for those unable to present their teaching demonstration:				
Method	Weight of Final Grade	Teaching Competencies		
Participation	10%	-		
Teaching Demonstration	<mark>15%</mark>	1, 2, 3, 4, 5, 6		
Peer Evaluation	25%	1, 2, 3, 4		
Aquatics Program Plan	<mark>50%</mark>	1, 2, 6		

COURSE WORK GUIDELINES: Participation

Students are expected to:

Wear functional swim attire: bathing suits, goggles, and optionally bathing caps.

Show up on time and ready to participate.

Be proactive; discuss all concerns with the course instructor as they arise.

Students are expected to attend all classes. One (1/10) participation mark will be deducted for each hour of class missed. This deduction will not apply to online classes. Any student that misses more than four hours of in-person class will automatically fail the course.

COURSE WORK GUIDELINES: Peer Evaluation

On February 25th, you will work in pairs, taking turns being an instructor and swimmer. You are required to evaluate two of the four competitive strokes performed by your swimmer. You will evaluate the following swimmer in the following turns being an instructor and swimmer. You are required to evaluate two of the four competitive strokes performed by your swimmer. You will evaluate following the following turns to evaluate and swimmer. You will evaluate for each competitive stroke in advance to evaluate and give proper feedback to your swimmer. This document, along with an explanation of specific drills targeting your partner's weaknesses, is to be submitted in the following class on Feb. 27th.

You will be evaluated on:,

Provide feedback to participants throughout the lesson

Submit a reflection to the course instructor within 24 hours of the lesson, outlining your experience of the class and lessons learned through teaching.

You will need to confirm with the course instructor what equipment is available in the pool facilities prior to the day of your lesson. Should you require additional equipment from what is already available, it is your responsibility to provide it.

You will be evaluated on:

The quality and appropriateness of the skill/activity.

The progression of your lesson plan.

The conciseness and clarity of your explanations.

The quality and appropriateness of your feedback to participants.

Your ability to instruct as a team.

If your teaching demonstration did not occur:

You will be responsible only for handing in the printed lesson plan, following the McGill P.E. lesson plan standards. Your evaluation will be solely based on the quality of this lesson plan. For all groups in this situation, this lesson plan will be due electronically by March 31st.

COURSE WORK GUIDELINES: Aquatics Program Plan

You will create a four-week learn-to-swim aquatics program plan directed towards an elementary or secondary school population. This program must include specific program objectives as well as lesson plans for eight 45-minute sessions, which should include learning objectives, planned drills/activities, and methods of evaluation. This assignment will be introduced in class on February 13th, discussed further during online teaching sessions, and will be due electronically (submitted via email to the course instructor) on the last day of classes (April 14th).

You will be evaluated on:

The comprehensiveness and detail of your lesson plans.

The appropriateness of drills and activities to accomplish the learning objectives.

The appropriateness of the learning objectives for your selected population.

The progression of drills and activities between lessons

Clear descriptions and appropriate formatting for each element

COURSE WORK GUIDELINES: Olympic Trials Reflection

You will watch one finals session of the 2020 Canadian Olympic Swimming Trials, held March 30th. April 5th. The event will be streamed for free online at cbc.ca, a direct link will be distributed to the class via email once available. You will write a one page reflection that touches on the following:

- What did you learn about Olympic swimming?

What did you learn about a Canadian athlete, or the Olympic swimmin

This will be due electronically, emailed to the course instructor, on April 7th.

You will be evaluated on:

- Quality of writing (grammar, sentence structure)